

Lesley Institute for Trauma Sensitivity

Helping to create safe and supportive classrooms where all children can thrive.

Four (4) Courses

Oak Foundation Grant Funded through Lesley
Certificate Program in Trauma & Learning for Educators
Focus on **Trauma Sensitivity**

64% **5884 students** **3675 students**

Certificate in Trauma & Learning

Melissa Black, Murphy
Shannon Burchill, Murphy
Rachel Collins, Murphy
Danielle Coughlin, Murphy
Victoria Enos Canwell, Hamilton
Ashley Moran, Murphy
Jessica Torres, Pingree/Murphy
Janice Walsh, Murphy
Maura Mitchelson, Academy
Suzanne Missert, Murphy
Aubrey Figueroa, Seach

Kelly Burke, MWC
Cassandra Clancy, MWC
Brianna Cormier, MWC
Melissa Gaffney, MWC
Jenifer Griffin, MWC
Genevieve Brennan, MWC
Iris Mahegan, MWC
Julieanne Smith, MWC
Kristie Theodoris, MWC

Brenda Johnson, JECC
Jess Wagner, JECC
Brooke Niedzwiecki, JECC

Anne Myrick, WHS
Monica O'Neill, WHS
Andrea Scalata, WHS
Sarah Wortley, WHS
Jillian Green, WHS
Linda Drew, WHS
Kathleen McDonald, WHS
Mary Stefaney, WHS
Remy Sullivan, WHS

Mary Lou Buell, District
Dave Ripp, Chard/Academy

WPS Staff LIFTS Participants

Genevieve Brennan *
Linda Drew *
Aubrey Figueroa *
Kathleen McDonald *
Suzanne Missert *
Brooke Niedzwiecki *
David Ripp *
Julieanne Smith*
Mary Stefaney *
Remy Sullivan *
Kristie Theodoris *
Melissa Black *
Shannon Burchill *
Kelly Burke *
Rachel Collins *
Danielle Coughlin *
Melissa Gaffney *
Jillian Green *
Brenda Johnson *
Mary Lou Buell *
Jess Magner *
Iris Mahegan *
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Sarah Wortley *
Cassandra Clancy *
Brianna Cormier *
Victoria Enos Canwell*
Jenifer Griffin *
Jessica Torres *
Jen Andreas
Hannah Evans
Jenny Healy
Rachel Bay-Chapparo
Jill Berry
Shannon Bigelman
Linda Boudrealt
Julie Bowen
Donald Casagrand
Tricia Chandler
Julie Clark
Diane Cohen
David Coppola
Amanda Cosgrove

Hadley Donaldson
Alexis Dorn
Wendy Dunderdale
Julie Ellis
Bill Faria
Tiffany Flanagan
Ali Goldman
Danielle Holmes
Janet Jang
Laura Landry
Christine Lawson
Lynn Howard
Sarah Machado-Deady
Victoria McCormack
Lianne McGarry
Marianne Menesale
Cindy Moran
Elena Murphy
Ashley Murphy
Calley Doherty-Popp
Patricia Pattison
Brendan Poirier
Julie Sim

Marybeth Torpey
Tricia Ayers
Katherine Twigg
Winnie Wachira
Linda Williams
Nicole Bradley
Sarah Cannon
Amy Carroll
Shannon Carron
Kerry Contrino
Shannon Costa
Melissa Costa
Adriana Delrosso
Kristina Dewitt
Nicole Doherty
Erin Grable
Erin Grover
Rose Grushkin
Tiffanie Harnett
Jennifer Johnson
Breda Kealey
Brittany Lamont
Brendan Poirier
Julie Sim

Karen Leavitt
Sydney Lennon
Wendy Lougee
Linda Magee
Kristen Manfredi
Sarah Morris
Malissa Northup
Brenda Parker
Maura Perez
Mary Powers
Karen Putnam
Sue Saferian
Lauren Saracino
Elaina Schaefer
Nancy Schuhwerk
Lynda Segal
Cori Trombly
Karen Walorz
Sharon Yannizzi
Elizabeth Hill

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WPS Supports Implemented

Relationship Mapping (WHS)

Line Breaths (Academy)

Travel Taps (Nash)

Staff Shout Outs (MWC)

Family Resources Table at Open House (MWC)

Family Engagement Google Form Template (MWC)

Restorative Questions Classroom Reflection Sheet (MWC)

Calming Corners (JECC)

Family Engagement Survey (Adams)

Whole child data collection/SIT forms (JECC)

Tap in/Tap Out System for staff (JECC & Murphy)

Whole Child Data Collection Forms (SIT Forms, ODRs, etc.)

Family Communication Sheets (JECC)

Collaborative Problem Solving collaboration with BCBAs

Teacher lead staff training/PD (WHS, JECC)

Ongoing

- MWC Trauma Sensitive Committee
- Spring Course 3

Upcoming

- Summer Course 1
- Summer Course 4
- Administrator Cohort (Pilot)



Spotlight on Counseling

Brynn Cooper, LICSW

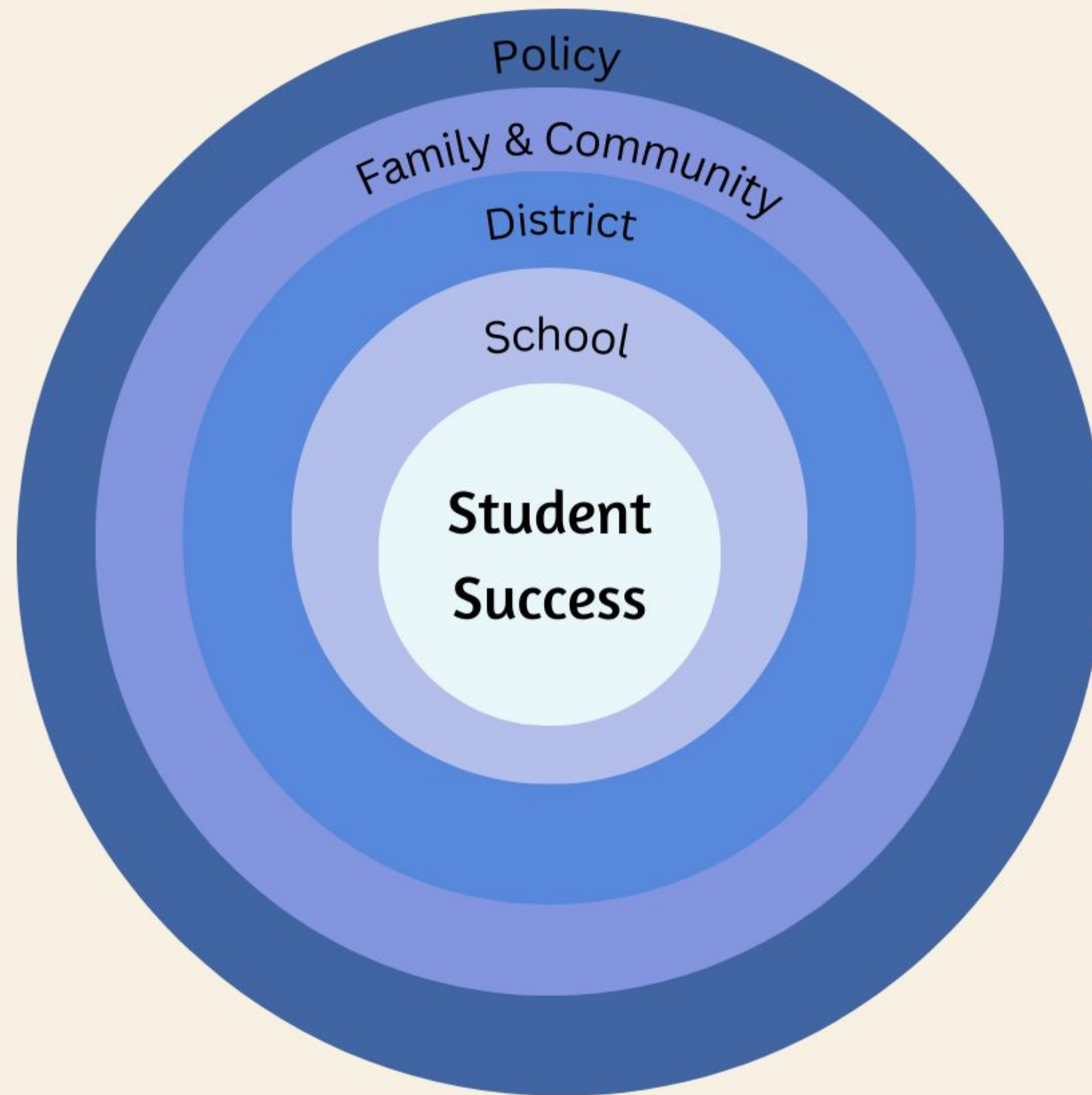
Asst. Curriculum Director of Counseling

Kelsie Bromberg, LICSW

Wraparound Counselor

Lindsey Jacobs, MEd/EdS

Chapman Counselor



Counseling At A Glance

Positions

- ❖ School-based adjustment counselors
- ❖ Guidance counselors
- ❖ Wraparound Counselor
- ❖ Grant-funded crisis clinician



Current Initiatives

JED High School

- ❖ Technical assistance model
- ❖ Improve student mental health and reduce risk for suicide
- ❖ 3 year commitment

Panorama

- ❖ Social Emotional Learning surveys in grades 5-8
- ❖ Expansion hopeful to grades 3-12 in SY24-25
- ❖ Identification of students in need of additional skills
- ❖ Individual, small group, and tier I interventions

Digital Wellness

- ❖ Collaboration with BU's Dr. Jill Walsh
- ❖ Increase awareness of impact of phone, social media, internet use on student wellbeing

Current Initiatives

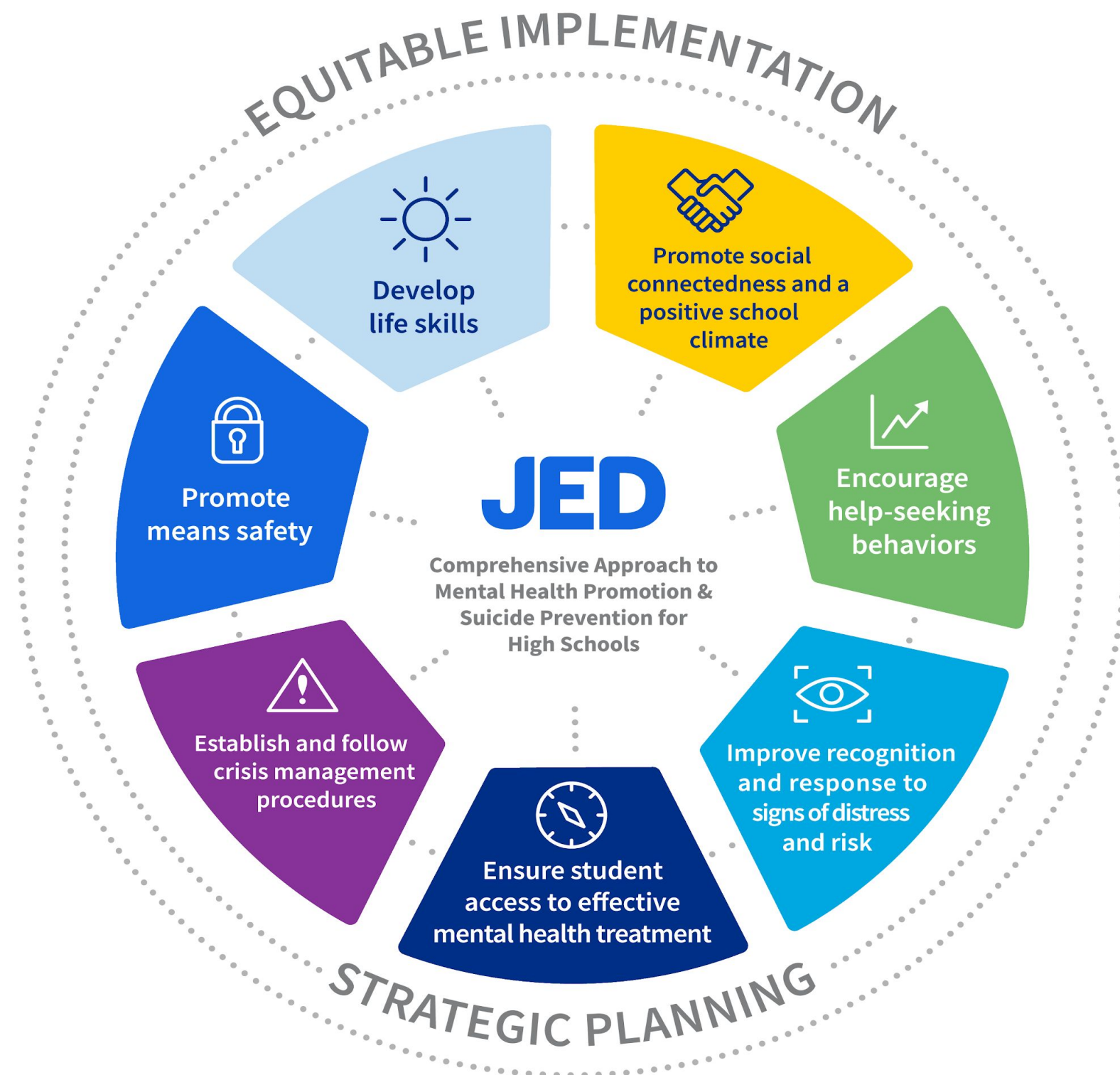
PBHUC

- ❖ Provide early, appropriate, and effective interventions to support students with emerging or escalating mental health needs before they are in crisis
- ❖ In-school crisis evaluations, short-term therapeutic support, crisis follow up & family engagement

Wraparound

- ❖ Community-based resources and referrals to support whole-student approach to education
- ❖ Culturally sensitive interventions for families
- ❖ Family educational programming
- ❖ Building strong community relationships

JED High School



- ❖ “Develop a customized strategic plan to build on existing strengths, and implement tools, strategies, and techniques that lead to measurable improvements in student mental health”
- ❖ 7 core domains
- ❖ Responsibility of the entire school community to promote and protect the mental health of its students
 - Diverse stakeholders and steering committee
 - Leadership investment in the process
- ❖ Goal: Enduring systemic change across the 7 domains



JED High School 3-Year Technical Assistance Program

Year 1

Year 2

Year 3

Assessment

Strategic Planning

Implementation

Evaluation

Sustainability

- School builds steering committee (10/2023)
- Administration of student-level (12/4/23) and faculty (12/20/23) assessment, and completion of baseline assessment (1/2024)

- JED reviews assessment responses and provides feedback
- **Site visit 2/29/24**
- Steering committee and JED SMHS collaborate to develop a strategic plan



- JED SMHS provides ongoing technical assistance to support implementation of the strategic plan through meetings with co-leads

- Administration of second (post) student-level and faculty assessments, and completion of JED High School post-assessment
- JED provides a summary report

- JED SMHS presents strategic plan accomplishments
- The team sets goals for future growth and improvement
- School joins JED High School Alumni



MENTAL HEALTH MATTERS



WILDCATSCARE

THE KYLE JOHNSON FOUNDATION

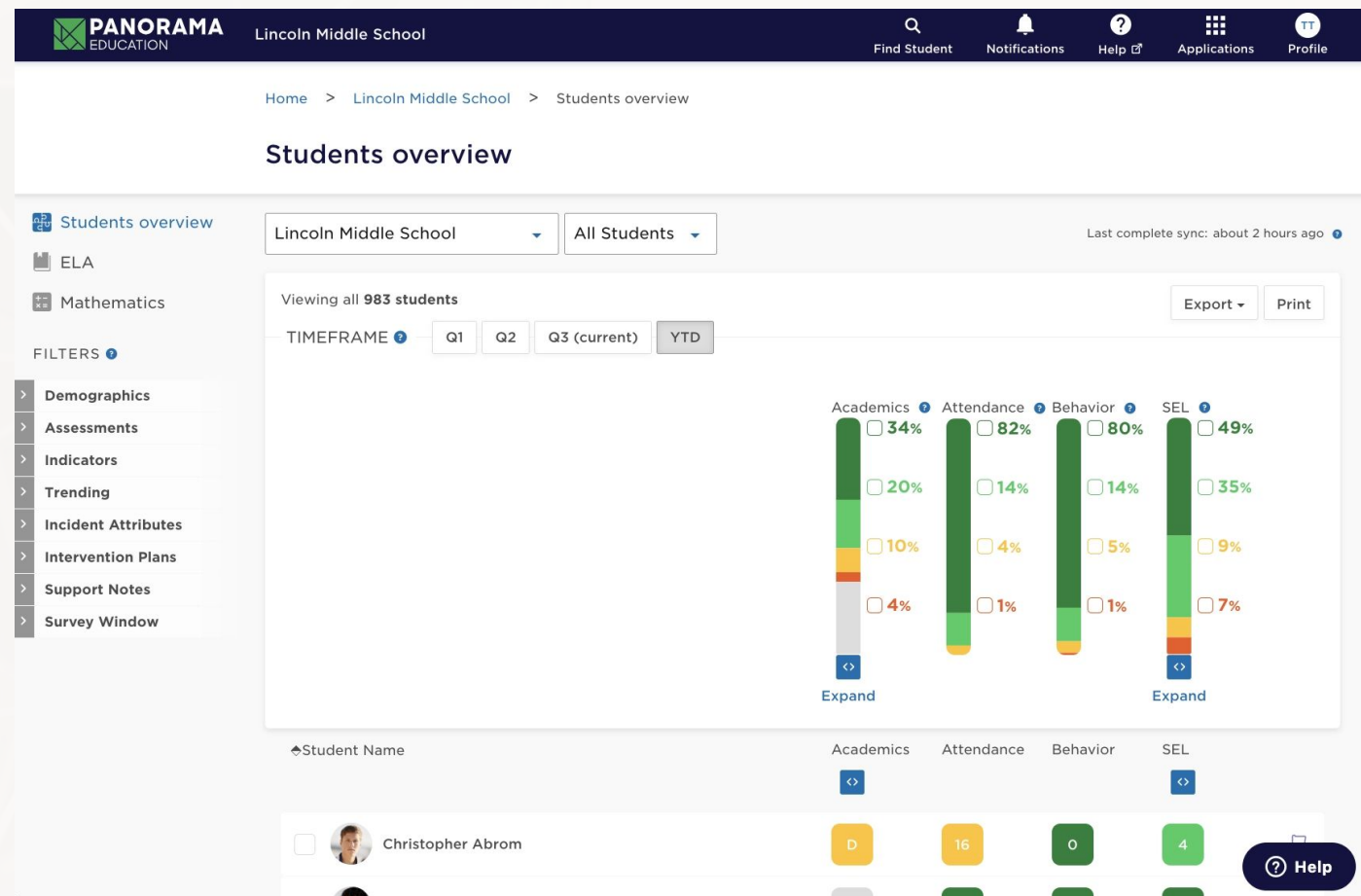
School Spotlights

St. Louis University High School: We are thrilled to announce that St. Louis University High School (SLUH) in Missouri has officially joined the JFD High School Program. This marks a significant milestone in their commitment to prioritizing the well-being of their students. They have created a [website](#) detailing their commitment to the process. Welcome, SLUH!

Weymouth High School: School Mental Health Specialist Krystal Skaggs visited Weymouth High School in Massachusetts last month. "It was an incredible experience," she says. "They are extremely motivated to do what it takes to positively impact the mental health of their students and staff." Krystal received a text from one of the co leads following the visit that summed it up: "Best day ever!"



Panorama Surveys



How are we using Panorama surveys?

❖ Student Surveys

- Student voice
- Identifying individual students
 - without connections
 - at risk/intervention referral
 - supports needed for transition

❖ Staff Survey

- Focusing on staff well-being, climate and culture

Digital Wellness



Pediatric Behavioral Health Urgent Care



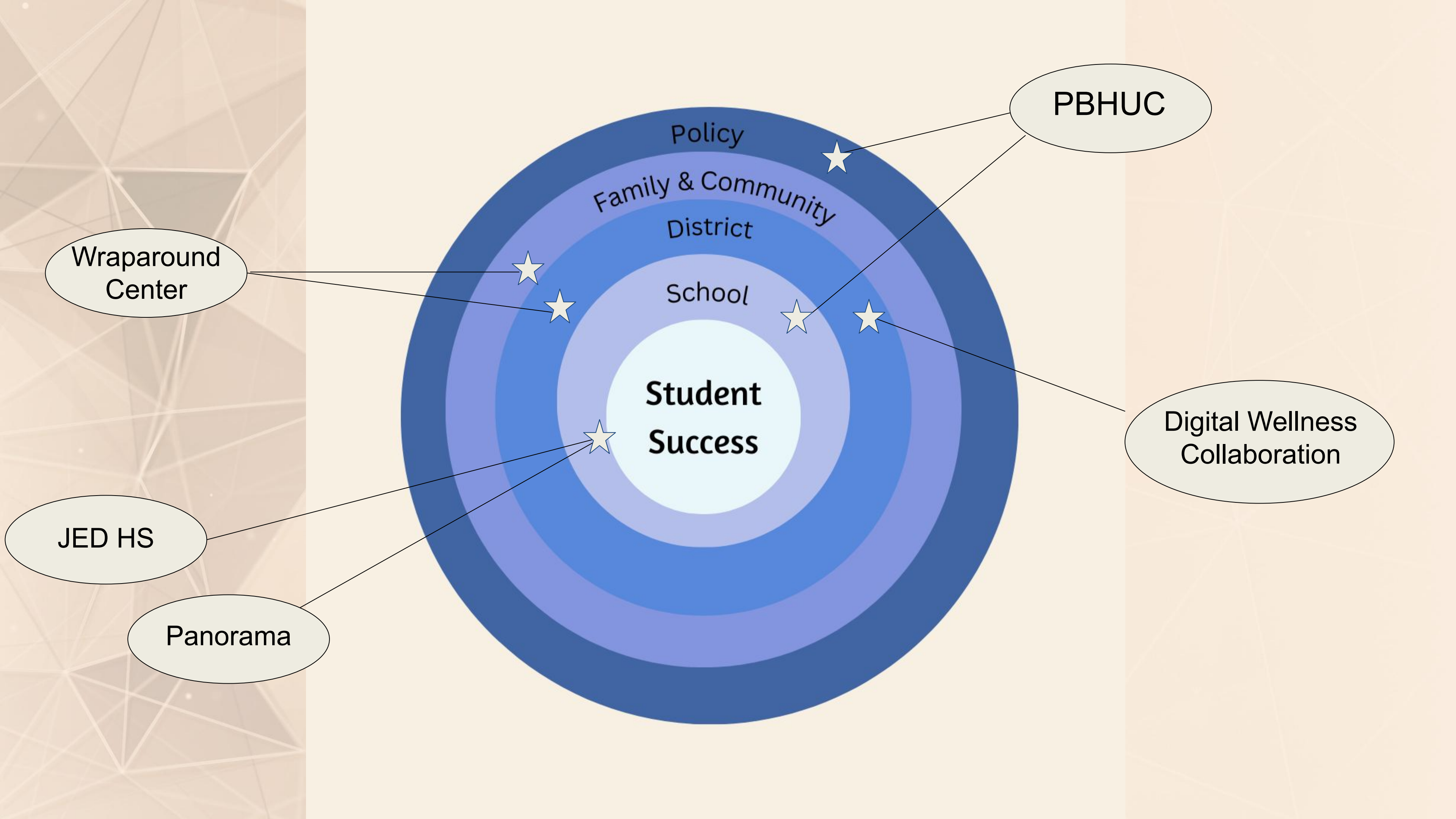
- ❖ Goals:
 - Reduced ED utilization for behavioral health reasons
 - Fewer hospitalizations for behavioral health reasons
 - Reduced police involvement at the schools, especially fewer calls to 911
 - Fewer school suspensions
 - Student and family reports of helpfulness of services
- ❖ Crisis evaluations, crisis follow up, bridge to outpatient care

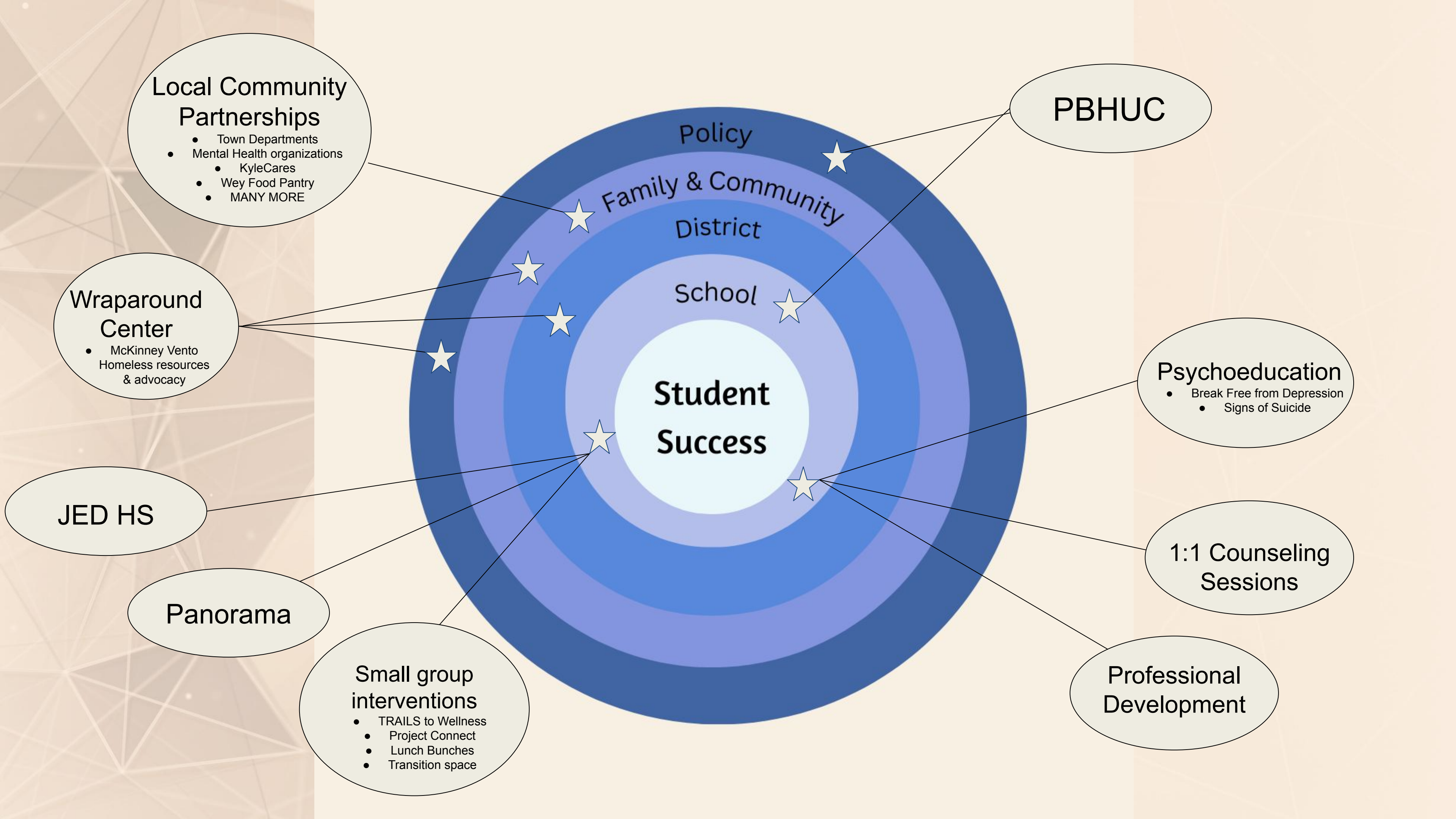
Wraparound Center



- ❖ Physical space opened Spring 2023
- ❖ Approx. 300 students/families supported this year
- ❖ Types of support & resources offered:
 - emergency housing
 - behavioral health resources
 - substance use
 - grief and loss
 - domestic violence
 - childcare and summer camp
 - food insecurity
 - utility assistance
 - employment
 - legal aid
 - holiday assistance
 - medical needs







01 [Wraparound Center Brochure](#)

02 [WPS Support & Resource Directory](#)

03 [Panorama Student & Staff Surveys](#)

04 [Digital Aged with Dr. Walsh](#)

05 [Weymouth & Aspire Brochure](#)

06 [PBHUC Additional Information](#)

07 [JED High School Overview Materials](#)

08 [JED High School FAQ](#)

Questions?

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